

a. Check list:

Prepared by the class.

Prepared by the teacher.

Pupil writes his own list.

b. Develop a questionnaire by the class.

c. Have a personal interview with individual students to get information about diet. The method of interviewing, the friendly feeling between pupil and interviewer, questions about things other than foods, etc., will influence results.

This diet survey may serve many purposes including:

Arouse children's interest (and parent's too) in a balanced diet.

Find some of the needs which may serve as a basis for determining instructional content.

Help children begin to recognize some of the differences between their diet and a balanced diet by comparing the two.

4. Continue the emphasis on lunchroom participation, using the lunchroom manager when practical, for some of the following activities:

Arranging flowers on tables.

Painting friezes or pictures or making posters for walls of lunchroom.

Children sing the blessing; leadership is rotated

